








# June 2 - June 8, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<a href="#"><u>Crispy Sheet Pan Chicken and Veggies</u></a>	<a href="#"><u>Buffalo Chicken Chili</u></a>	<a href="#"><u>Memphis Style Slow Cooker Pulled Pork with Zevia</u></a>	<a href="#"><u>Healthy Sloppy Joes with Turkey</u></a>	<a href="#"><u>Roasted Summer Vegetable Pasta</u></a>	<a href="#"><u>Sausage Foil Packets</u></a>	<a href="#"><u>Spicy Zucchini Noodles and Beef</u></a>

<p>This recipe uses several veggies, but you can easily tweak it depending on what you have available to make it more budget friendly.</p>		<p>This recipe injects Memphis flavor into the pulled pork while ditching the carbs. Use <a href="#"><u>these slow cooker liners</u></a> to ditch the clean-up, too!</p>	<p>This recipe includes Weight Watchers point calculations for those of you who count points!</p>			
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**If the words are underlined above, they are a link... just click it to go to the recipe (or product).**