




April 28 - May 4, 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  |  |  |  |  |  |  |
| <u>Indian Cauliflower Pilaf</u> | <u>Herb Roasted Pork Tenderloin</u> | <u>California Roll Stuffed Avocados</u> | <u>Keto "Fathead" Pizza Dough</u> | <u>Mashed Cauliflower Shepherd's Pie</u> | <u>Steak and Avocado Citrus Salad</u> | <u>Instant Pot Chicken Fajitas</u> |

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| | | | This recipe focuses on an awesome, cheesy low carb pizza-crust. From there, customize with your favorite toppings! | | This dish makes the perfect, low carb meal for an at-home date night! | Pair this with your favorite low-carb tortilla! Thinking about getting an instant pot? <u>We love this one!</u> #affiliate |
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If the words above are underlined, they are a link. Just click the link to go to the recipe or product!