








May 12 - 18, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<u>Cast-Iron Skillet Kebabs</u>	<u>Italian Tuna Salad</u>	<u>Instant Pot Quinoa Taco Bowl</u>	<u>Comforting Baked Macaroni and Cheese</u>	<u>Slow Cooker Santa Fe Chicken and Rice</u>	<u>Seared Salmon with Strawberry Relish</u>	<u>Vegetable Low Mein</u>

	Serve this salad over rice (or cauliflower rice) or over bed of lettuce!	If you don't own an Instant Pot, you should! <u>We love this one!</u> #affiliate		<u>Save time on clean up with these slow cooker liners!</u> (affiliate)		
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If the words are underlined above, they are a link... just click it to go to the recipe (or product).