


January 5 - January 11, 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  |  |  |  |  |  |  |
| <u>Slow Cooker Chicken Thighs with Potatoes and Carrots</u> | <u>Potato Pizza</u> | <u>Salmon Patties</u> | <u>Juicy Lemon Garlic Chicken (Instant Pot)</u> | <u>Cuban Picadillo</u> | <u>Creamy Pumpkin Soup</u> | <u>Gluten Free, Low Carb Lasagna</u> |

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| <u>Save time on clean up with these slow cooker liners!</u> (affiliate) | | | Don't have an instant pot? <u>We love this one!</u> #affiliate | This dish can be served over rice or with avocado (for a low carb option.) | | |
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If the words above are underlined, they are a link. Just click the link to go to the recipe or product!