


January 20 - 26, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><u>Pressure Cooker Cauliflower Soup</u></p>	 <p><u>Low Carb Chicken Bacon Ranch Foil Packet Meal</u></p>	 <p><u>Easy Low Carb Keto Cheeseburger Casserole</u></p>	 <p><u>Sautéed Cabbage with Beef</u></p>	 <p><u>Grain Free Buddha Bowl</u></p>	 <p><u>Veggie Loaded Rotisserie Chicken Casserole</u></p>	 <p><u>Easy Chicken Fajitas Recipe with Low Carb Option</u></p>
<p><u>Don't have a pressure cooker yet? Here is our favorite!</u> #affiliate</p>						