








January 19 - 25, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<u>Easy Cauliflower Fried Rice</u>	<u>Beef and Broccoli Stir Fry</u>	<u>Mozzarella Stuffed Meatballs</u>	<u>Easy Keto Beef Stroganoff</u>	<u>Spaghetti Squash Pizza Casserole</u>	<u>Caprese Sheet Pan Chicken</u>	<u>Seared Ahi Tuna Steak with Avocado Salsa</u>

You could also serve this over some spiralized zucchini (also known as "zoodles.")

If the words above are underlined, they are a link. Just click the link to go to the recipe or product!