




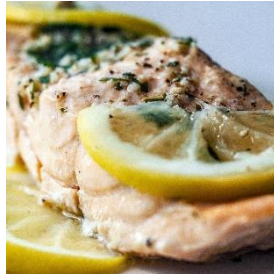



January 12 - 18, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<u>Keto Fried Chicken</u>	<u>Slow Cooker Cauliflower and Chicken Curry</u>	<u>Asian-Inspired Spicy Beef Lettuce Wraps</u>	<u>Pepperoni Pizza Chicken</u>	<u>Mini Turkey Burger Kabobs with Sauce</u>	<u>Instant Pot Herbed Lemon Salmon</u>	<u>Crispy Air Fryer Chicken Thighs</u>

	<u>Save time on clean up with these slow cooker liners!</u> #affiliate		This one is also budget friendly, gluten free and quick!		Don't have an instant pot? <u>We love this one!</u> #affiliate	
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If the words above are underlined, they are a link. Just click the link to go to the recipe or product!