








January 5 - January 11, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<u>Easy Creamy Swedish Meatballs</u>	<u>Sheet Pan Shrimp and Asparagus</u>	<u>Instant Pot Chicken Florentine</u>	<u>Cuban Picadillo</u>	<u>Creamy Pumpkin Soup</u>	<u>Green Chile Beef Enchiladas</u>	<u>20 Minute Sweet and Spicy Thai Noodles</u>

	This one is also gluten free, low carb and Weight Watchers friendly!	Don't have an instant pot? <u>We love this one!</u> #affiliate			This recipe freezes well!	Keep this tasty dish vegetarian or add a quick-cooking protein like chicken or shrimp!
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If the words are underlined above, they are a link... just click it to go to the recipe (or product).