








January 12 - 18, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<u>Spanish Beans with Tomatoes</u>	<u>Pepperoni Pizza Chicken</u>	<u>Instant Pot Herbed Lemon Salmon</u>	<u>Sheet Pan Cajun Sausage and Sweet Potatoes</u>	<u>Old Fashioned Goulash</u>	<u>Mini Turkey Burger Kabobs with Sauce</u>	<u>Asian-Inspired Spicy Beef Lettuce Wraps</u>

	This one is also gluten free, low carb and budget friendly!	Don't have an instant pot? <u>We love this one!</u> #affiliate			These would be a fun "party food," for hosting company or for an at home date night!	
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If the words are underlined above, they are a link... just click it to go to the recipe (or product).