January 19 – 25, 2020

Sunday	Monday	Tuesday	Wodposday	Thursday	Friday	Caturday
Sunday Instant Pot Beef Stew	Monday Tomato Bacon and Cabbage Sauté	Tuesday 3 Ingredient Crock Pot Taco Chicken	Wednesday Cheesy Taco Penne Ziti	Thursday Easy Meatloaf	Friday Fast and Filling Pizza Casserole	Saturday Healthy White Chicken Enchiladas
Don't have an instant pot? We love this one! #affiliate		Customize this one with your favorite tortilla and toppings! Save time on clean up with these slow cooker liners! (affiliate)		You may have most of the ingredients you need for this one at home already!		

If the words are underlined above, they are a link... just click it to go to the recipe (or product).

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